15th March 2024

Newsletter

Important Dates

Easter Hat Parade RC & NB

Monday 25th March Tuesday 26th March

Hot Cross Bun Afternoon Tea LC Tuesday 26th March Time – TBC

Last Day Term 1Wednesday 27th March 3:00pm Finish

SSG Day

Thursday 28th March No Buses Running Student Free Day

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FROM THE PRINCIPAL

The term is flying by! Our students are settling in well and are engaged in programs that our teachers and support staff have worked hard to create. I have been out of the school supporting other Specialist Schools within the region over the past week, I am proud to say things have run smoothly in my absence. I am very grateful to our leadership team, families, and community members for working together to support each other and our young people in my absence.

On Friday 1st of March, we ran an external ASD workshop here at NSA we had 87 staff from various schools across Victoria attend. These participants were very keen to learn more about how to support the students in their classroom.

Social Media

Following the summer holiday, we have had an increasing problem with issues on social media. Our students are extremely vulnerable online and find it difficult to socialise appropriately online. Our eSMART expectations are taught to students. Below is a reminder of some resources available to families about how to keep your child safe online. If you're concerned about your child online you should report any issues directly to the eSafety Commissioner or police. As a school we are not able to manage issues between Northern School for Autism students outside of school. Ensure you know what apps your child has and that they are age appropriate. Support your child to block unwanted people in group chats and take screen shots of messages as evidence so they can't be deleted. You can also restrict internet times and add parent controls by contacting your internet provider which will help keep your child safe online.

The eSafety Commissioner website https://www.esafety.gov.au/ has many resources for families, such as:

<u>Screen Smart Parent Tour -</u> Provides advice on social media, screen time, personal information, cyber-bullying, stranger contact, and inappropriate content.

- Online Safety A guide for parents and carers is a great guide on how to tackle the big online issues.
- <u>Online Safety Basics</u> Explore websites, games, apps, and social media together and set some rules.
- <u>Parent Controls</u> How to use parental controls and other tools to maximise online safety in your home.
- <u>Screen time for your child</u> 7 tips on how families can balance their time on and offline.

Dual Enrolment – time fractions

Students who are dually enrolled at another school cannot change their time fraction during the term. If you are wanting to make a change to your child's time fraction, please start organising this now to commence in Term 2.

Building works – Lalor Campus

The demolition of the buildings on Duncan's Road are nearly complete. The staff and students have been very flexible during the noisy works.

Punctuality at the Beginning of the School Day

Every day your child is away from school/late it impacts on the level of success that will be achieved throughout their time in school. We understand that sickness or important health appointments are a part of everyday life and cannot be avoided.

We also know that getting students to school every day and on time will enable us to get the best out of your child (academic, social, and emotional growth) which is always our priority. Routines and procedures are critically important in establishing a strong learning environment within each classroom. For this reason, it is extremely important that students are at school, ready to begin their day, prior to the bell going at 9.00am. It is expected that learning begins from the moment the bell rings.

Annual Privacy Reminder for 2024

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the <u>Schools' Privacy Policy</u> and the <u>Schools' Privacy Collection Notice</u>.

Please take time to remind yourself of our school's collection notice, found on our website https://www.northernautism.vic.edu.au/policies-protocols see Privacy Collection Notice. For more information about privacy, refer to: Schools Privacy Policy — information for parents. https://www.vic.gov.au/schools-privacy-policy-information-parents

This information is also available in ten community languages.

Pamela Mathieson

Principal

Lalor News

The Lalor campus has started the year with so much activity, with students participating in various exercise programs, excursions and incursions this term.

Martial art

LC7, LC8 and LC14 have participated in the martial arts program as part of the school P.E. programs, in which they learnt about the different movements of the body and built their fitness level.

Tennis

LC5 and LC9 have taken part in coaching sessions with the coaches from Topseed Tennis. Over the six weeks, students have improved in holding the racquet and hitting the ball. Each week, the students enthusiastically take part.

Music in Me

LC1, LC3 and LC10 enjoyed participating and engaging in the exciting and rhythmic music program. Students have tried using different musical instruments to practice following the rhythm of different music.

Gymnastics

LC4 and LC17 went to a 6-week gymnastics session at PITgymnastic on Wednesday. Students continue to develop their balancing skills and physical coordination during the training.

Edendale Farm

LC12 has taken part in the Edendale Farm animal caring program. Students learnt to feed and clean different farm animals.

Sailing

Having a sail day at the Docklands is fun to enjoy the water and the sun. Students took the helm and learnt to steer the yacht. Everyone enjoyed the sunshine on the bay.

Interschool Sport

NSA has joined the Northern Special School Sports Association (NSSSA) again this year. On Wednesday mornings, LC13 go off to play against students from other special schools in our region during the first half of Term 1.

Don Bosco

LC4, LC7, LC10, and LC15 enjoyed attending the Don Bosco Leisure Centre. The students enjoyed the indoor facilities, such as the trampoline, pool table, air hockey, and rabbit farm.

Woodwork

LC6, LC13 and LC17 have been participating in the weekly woodwork sessions, where they have made different wooden crafts. Students will continue to learn skills around tool handling and building different wooden craft.

Welcome to Room 3

What an amazing start for the little ones in Room 3. We have definitely settled in well and have put in effort to learn new routines and follow our schedule. We have done so much over the past six weeks. Look at how we truly enjoyed the sensory play and playground time. Not to mention the Cooking session that we have just started last week. The students enjoyed making fairy bread and tasting it. Yum! All the students in Room 3 participated in the Science incursion for the first time. What an amazing experience and it was so much fun! Thank you to all the parents for being so supportive. It was a great start to a new environment and now we are all ready to thrive! Room 3 staff and students are looking forward to the rest of Term 1. Thanks, Stephanie, Megan and Muyassar

Room 20

Room 20 has had a fantastic start to the year, engaging in structured learning sessions and games that encourage cooperation and collaboration and participating in a variety of excursions and programs.

Through structured sessions, our students have engaged in experimenting with light, different chemical reactions and types of force.

Students have engaged in Art sessions that focused on building knowledge on the elements of art and encouraging expression through how they choose to approach an art activity through materials and mediums.

Room 20 has enjoyed participating excursions like our local walks, Bounce and Action Indoor Sports, building collaborative and social skills in contextual environments.

Weekly cooking sessions have been thoroughly enjoyed as students have made choc chip cookies, cakes, tacos and cheesecake from scratch in structured small group sessions.

LC 5

LC5 has commenced the year on a positive note, fostering a positive classroom environment amongst both new and returning students.

Our students have participated in weekly excursions to local parks, exploring various playgrounds and basketball courts. Additionally, our weekly tennis sessions have contributed to the enhancement of our students' gross motor skills.

Within the school setting, LC5 students have demonstrated exceptional engagement in both music and physical education. Their enthusiasm for music is constantly reinforced by the students requests for more music classes each day. In addition to this, students have also spent regular class time developing their cooking skills, making a variety of different meals, a class favorite being our attempted recreation of KFC's popcorn chicken.

Collaborative excursions with LC9, including visits to sailing, Time zone, Westfield and Bounce, have provided valuable opportunities for social interaction and exposure to diverse recreational activities within the community.

LC5 students and staff are excited to see what the rest of the year has in store for us and look forward to seeing our students grow in their independence and maturity each day!



Occupational Therapy at Reservoir





It has been a great start to the year for the Occupational Therapy (OT) team! It has been a pleasure to see our students return and settle into their new classrooms and also to welcome all our new students in their prep year. OTs have had a busy start to the year contributing to professional development sessions and also running group work sessions. Students have enjoyed participating in groups targeting (but not limited to) bike riding, writing skills, computer skills, dressing skills, personal hygiene skills, cooking skills, etc. The OT team are also getting to know their students and providing them with different sensory equipment and strategies to support their participation in school. We are incredibly excited to to work with our students for the rest of the year and support them in achieving their goals! Please see below our Reservoir OT team.















Pavi, Rebekah, Allie, Tiffany, Chili, Karen and Claudia









Easter Raffle Donations

NSA is having a Free Easter Raffle; all students' names will be placed in the draw to win Easter hampers.

The raffle will be drawn on Tuesday 26th March 2024.

Please support the Special Events Committee by sending along any donations for our Easter Hampers.

Things you might want to donate:

- Chocolates
- Stationery
- Plush toys
 - Books

Please send in all donations by Thursday 21st March 2024







END OF TERM REMINDER

Last day of Term 1 is Wednesday 27th March 2024

School finishes at 3pm.

&

Thursday 28th of March 2024

is SSG day

There will be **no buses** running for students on this day.

Friday 29th of March Good Friday –Public Holiday and start of school holidays.

First day of Term 2 is Monday 15th April 2024.

> Thank you Pamela Mathieson Principal

Reservoir Campus

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